

Elizabeth C. Terrazas-Carrillo, Ph.D.

EDUCATION

Doctor of Philosophy, Counseling Psychology, August 2014
University of Oklahoma, Jeanine Rainbolt College of Education, Norman, OK
University of Oklahoma Foundation Fellow
American Psychological Association Minority Fellow

Master of Arts, Psychology, December 2007
Midwestern State University, Prothro-Yeager College of Science and Humanities, Wichita Falls,

Bachelor of Business Administration, Management
Magna Cum Laude, Honors Program Graduate. May 2004.
Midwestern State University, Dillard College of Business Administration, Wichita Falls, TX

Instituto Tecnológico y de Estudios Superiores de Monterrey, Campus Saltillo.
August 1998 – May 2001

PROFESSIONAL EXPERIENCE

- 2014-Present **Assistant Professor**, Psychology and Communication Department, Texas A&M International University. Laredo, TX.
- 2013-2014 **Psychology Intern Therapist**, Counseling Center, Texas State University APA-accredited pre-doctoral psychology internship program. San Marcos, TX.
- 2012-2013 **Doctoral Practicum Therapist**, Student Counseling Center, University of Central Oklahoma, Edmond, OK.
- 2012-2013 **Doctoral Practicum Therapist**, Oklahoma Heart Hospital, Oklahoma City, OK.
- 2011-2013 **Graduate Research Assistant**, University of Oklahoma, Center for Educational Development and Research, Norman, OK.
- 2011- 2012 **Psychoeducational Group Counselor**, Sooner Upward Bound, University of Oklahoma, Norman, OK.
- 2010-2011 **Graduate Research Assistant**, Programs for Preventive Health, Pediatrics and Endocrinology Department, University of Oklahoma Health Sciences Center, Oklahoma City, OK.
- 2010-2012 **Doctoral Practicum Therapist**, Counseling Psychology Clinic, University of Oklahoma, Norman, OK.

- 2008-2009 **Case Manager**, Helen Farabee Regional Mental Health and Mental Retardation Center, Wichita Falls, TX.
- 2008 **Graduate Admissions Counselor**, Enrollment Management. Cameron University, Lawton, OK.
- 2007-2008 **Academic Advisor**, Bachelor of Applied Arts and Sciences. Midwestern State University, Wichita Falls, TX.
- 2007 **Master's Practicum Therapist**, Clinics of North Texas Psychiatry/Psychology, Wichita Falls, TX.
- 2007 **Project Coordinator**– Project Discover: North Texas HIV Needs Assessment Study, Wichita Falls, TX.
- 2006-2007 **Graduate Teaching Assistant** – Psychology Program, Midwestern State University, Wichita Falls, TX.
- 2006 **Master's Practicum Therapist**, Psychology Clinic, Midwestern State University, Wichita Falls, TX.
- 2005-2006 **Graduate Research Assistant** – Psychology Program, Midwestern State University, Wichita Falls, TX.

HONORS AND FELLOWSHIPS

- 2013 APA Division 43: Society of Family Psychology Student Research Award
- 2013 APA Division 17: Society of Counseling Psychology Student Travel Award
- 2013 Dr. Boleslaus Kurpiewski Scholarship Award
- 2013 Dover Air Force Base Officers' Spouses Club Spouse Scholarship Award
- 2011-2013 American Psychological Association Minority Fellow
- 2012 A.E. Clark Memorial Scholarship Award
- 2009-2013 University of Oklahoma Foundation Fellow
- 2011-2012 Carl P. and Erma W. Dunifon Education Scholarship Award
- 2011 Jeannine Rainbolt College of Education Development Scholarship Award
- 2010 Sheppard Air Force Base Officers' Spouses' Club Scholarship Award
- 2010 Payless Possibilities Scholarship, Hispanic Scholarship Fund
- 2007 Outstanding Graduate Woman Award. Midwestern State University
- 2007 Outstanding Psi Chi Member. Midwestern State University Chapter, Psychology Honor Society
- 2006-2007 Shanor Foundation Scholarship, Midwestern State University

PUBLICATIONS

- Terrazas-Carrillo, E., & McWhirter, P.T. (2015). Employment status and intimate partner violence among Mexican women. *Journal of Interpersonal Violence, 30*(7), 1128-1152.
- Terrazas-Carrillo, E., Hong, J. Y., & Pace, T. M. (2014). Adjusting to new places: International student adjustment and place attachment. *Journal of College Student Development, 55*(7), 693-706.

Terrazas-Carrillo, E., & McWhirter, P. T. (2012). Intimate Partner Violence and Substance Abuse: Contextualizing Sociocultural Complexities. In Cunningham, H. R., and Berry, W. F. (Eds.), *Handbook on the Psychology of Violence*. Hauppauge, NY: Nova Science Publishers.

MANUSCRIPTS IN PREPARATION AND IN SUBMISSION

(*) Designates student

Hackett, S., McWhirter, P.T., & Terrazas-Carrillo, E. (in submission). Effectiveness of domestic violence victim interventions: A meta-analytic synthesis of outcome research. *Professional Psychology: Research and Practice*.

Terrazas-Carrillo, E., McWhirter, P.T., & Muetzfeld, H.* (in submission). Reconciling work and family demands to achieve happiness: Gender differences across Latin America. *Journal of Counseling Psychology*.

Terrazas-Carrillo, E., Hong, J.Y., McWhirter, P.T., Robbins, R., & Pace, T.M. (under review). Place-making and international student adjustment. *Journal of College Student Retention: Theory, Research, and Practice*.

Terrazas-Carrillo, E., McWhirter, P.T., & Briseño, J.* (in preparation). Intimate partner victimization risk and protective factors: A meta-analytic synthesis.

Terrazas-Carrillo, E., English, R.*, Heredia, R., & Vega, L. (in preparation). Predictors of cultural frame-switching in a sample of English-Spanish and Spanish-English bilinguals.

Terrazas-Carrillo, E., McWhirter, P.T., & Bloom, K.M.* (in preparation). Risk and protective factors for depression among battered Mexican women: The predictive impact of intimate partner violence, coercive control, and employment status.

Fisher, J.K., McWhirter, P.T., & Terrazas-Carrillo, E. (in preparation). Religious coping in a sample of older adults.

Terrazas-Carrillo, E. & Hong, J.Y. (in preparation). Addressing race, ethnicity, and culture in therapy: Exploring counseling graduate students' experiences and training.

REFEREED AND INVITED PRESENTATIONS

(*) Designates student

Terrazas-Carrillo, E., & Hong, J.Y. (March, 2015). Addressing racial and ethnic differences between clients and counselors: Exploring counseling graduate students' experiences and struggles. Poster to be presented at the 2015 Great Lakes Regional Counseling Psychology Conference. Muncie, IN.

Terrazas-Carrillo, E., McWhirter, P.T., & Muetzfeld, H.* (August, 2015). Predictors of happiness among dual earning couples in Latin America. Poster to be presented at the 123rd Annual Convention of the American Psychological Association. Toronto, Canada.

Terrazas-Carrillo, E., English, R.*, Heredia, R., & Vega, L. (August, 2015). Exploring predictors of cultural frame switching on English-Spanish bilinguals' personality. Poster to be presented at the 123rd Annual Convention of the American Psychological Association. Toronto, Canada.

Terrazas-Carrillo, E., Hong, J.Y., McWhirter, P.T., Robbins, R., & Pace, T.M. (2014, August). Exploring the dimensionality of human relationships to places: The case of international student adjustment. Poster presented at the 122th Annual Convention of the American Psychological Association. Washington, D.C.

- Terrazas-Carrillo, E., & McWhirter, P.T. (2013, August). Factors predicting employment status: The effects of spousal coercive control among Mexican women. Poster presented at the 121th Annual Convention of the American Psychological Association. Honolulu, HI.
- Terrazas-Carrillo, E., Cox-Fuenzalida, L.E., & McWhirter, P.T. (2013, August). Bilingualism and personality: Contextualizing cultural influences. Poster presented at the 121th Annual Convention of the American Psychological Association. Honolulu, HI.
- McWhirter, P.T., Terrazas-Carrillo, E. & Schultheiss, D. (2013, June). Intimate partner violence and workforce involvement: Fostering hope and resilience among Mexican women. Poster presented at the International Conference on Life Design and Career Counseling, Division 17: Society of Counseling Psychology, American Psychological Association. Padova, Italy.
- McWhirter, P.T., Bard, E. & Terrazas-Carrillo, E. (2013, April). International intercultural perspectives on family violence: Using archival data. Research Symposium Series, Jeannine Rainbolt College of Education. The University of Oklahoma, Norman, OK.
- Cruzan, C., Terrazas-Carrillo, E., Leshner, S. (2012, February). Mindfulness and spirituality: An intervention utilizing prayer and purpose. Poster presented at the 30th Annual Winter Roundtable at Columbia University. New York, NY.
- Terrazas-Carrillo, E., & McWhirter, P.T. (2012, August). Employment status and domestic violence correlates among women in Mexico. Poster presented at the Minority Fellowship Program Social Hour and Poster Session, 120th Annual Convention of the American Psychological Association. Orlando, FL.
- Hennessey, M. N., Hong, J. Y., Chesnut, S. R., Herron, J., Fredman, J., & Terrazas-Carrillo, E. (2012, August). The use of persuasive arguments in a gaming context. Poster presented at the 120th Annual Convention of the American Psychological Association. Orlando, FL.
- Cruzan, C., Terrazas-Carrillo, E., Woike, E., & Ragsdale, C. (2012, February). Through the diamond threshold: Promoting cultural competency in understanding American Indian substance abuse. Poster presented at the 29th Annual Winter Roundtable at Columbia University. New York, NY.
- Terrazas-Carrillo, E. (2011, August). Place attachment and international student adjustment. Poster presented at the Minority Fellowship Program Social Hour and Poster Session, 119th Annual Convention of the American Psychological Association. Washington, DC.
- Terrazas-Carrillo, E. (2011, April). International student adjustment and their attachment to local places. Counseling Psychology Department Colloquium, Jeannine Rainbolt College of Education. The University of Oklahoma, Norman, OK.
- Terrazas-Carrillo, E. & Carlston, D. (2008, April). Personality in bilinguals: Cultural frame switching? Talk presented at the 55th Annual Convention of the Southwestern Psychological Association. Kansas City, MO.
- Terrazas-Carrillo, E. & Carlston, D. (2006, April). Crossing racial lines? Interracial dating in a collegiate environment. Talk presented at the 53rd Annual Convention of the Southwestern Psychological Association. Fort Worth, TX.
- Terrazas-Carrillo, E.C. (2005, February). Interracial dating and marriage in a collegiate environment. Talk presented at Baylor University Scholar's Day. Waco, TX.

GRANTS FUNDED

Terrazas-Carrillo, E. (2014-2015, Principal Investigator). Graduate Retention Enhancement at Texas A&M International University Faculty Grant. *Title V, Promoting Postbaccalaureate Opportunities for Hispanic Americans Program*. (\$6,000).

EDUCATIONAL OUTREACH, WORKSHOPS, AND SYMPOSIA

- 2015 Participant, *Mentoring the Modern Undergraduate*. Interdisciplinary Symposium Session, to be held at the 123rd Annual Convention of the American Psychological Association.
- 2014 Trainer, *University Police Department Crisis Intervention Training*. Counseling Center, Texas State University.
- 2014 Presenter, *Counseling Center Services*. Counseling Center, Texas State University.
- 2014 Presenter, *Happiness Rehab: Steps Toward Creating Change*. Counseling Center, Texas State University.
- 2013-2014 Presenter, *Overcoming Test, Math, and Performance Anxiety*. Counseling Center, Texas State University.
- 2013 Presenter, *Mood Management: Taking Control of Your Emotions*. Counseling Center, Texas State University.
- 2013 Supporting staff, *DeStress Fest*. Counseling Center, Texas State University.
- 2013 Presenter, *Developing Study Skills*. TRiO Program, University of Central Oklahoma.
- 2012 Presenter, *Stress Management Basics*. Student Counseling Center, University of Central Oklahoma.

UNIVERSITY TEACHING

Texas A&M International University

- PSYC 5317 Psychopathology
- PSYC 5307 Group Counseling and Psychotherapy
- PSYC 4301 Psychology of Personality – Writing Intensive Course
- PSYC 3310 Biological Psychology – Writing Intensive Course

University of Oklahoma

- EDPY 2012 Career and Life Planning course

Guest Lectures

- EIPT 6083 Qualitative Research Methods II
Advantages and disadvantages of using Atlas.ti software in qualitative research.
- EDPY 5473 Counseling Theories
The journey toward identifying a theoretical orientation in counseling.
- EACS 6213 Policy Evaluation.
Applying program evaluation theory to practice: Evaluating a local charter school.
- EDPY 4413 Introduction to Counseling Psychology
Counseling the ethnically and culturally diverse.

Midwestern State University

- PSYC 2023 Human Behavior

STUDENT ADVISORY RESPONSIBILITIES

Theses Directed

English, R. (2015). Exploring the effects of cultural frame switching on English-Spanish bilinguals' personality.

SERVICE

2014 Reviewer, APA Division 17 Counseling Psychology Convention Program
2014-2015 Member, University Curriculum Committee, Texas A&M International University.
2014- 2015 Member, Counseling Psychology Faculty Search Committee, Texas A&M International University.
2011-2013 Non-Voting Member, Board of Governance, Santa Fe South Schools, Inc.
2005-2007 Student Ambassador of Midwestern State University.

PROFESSIONAL DEVELOPMENT

2014 *The Collaborative Assessment and Management of Suicide (CAMS) Approach.* Texas State University Counseling Center. San Marcos, TX.
2014 *Basics of Psychopharmacology.* Laurel Ridge Treatment Center. San Antonio, TX.
2014 *Texas University Counseling Center Psychology Intern Conference.* Texas Tech University Student Counseling Center. Lubbock, TX.
2014 *An Overview of the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5).* Texas State University Counseling Center. San Marcos, TX.
2013 *Allies Training.* Texas State University Counseling Center. San Marcos, TX.
2013 *Motivational Interviewing.* University of Central Oklahoma Student Counseling Center. Edmond, OK.
2012 *American Psychological Association Psychology Summer Institute – Mental Health and Substance Abuse.* Invited participant. Workshops included discussion of current trends in counseling psychology and career goal development. Washington, D.C.

PROFESSIONAL AFFILIATIONS

2014-2015	American Psychological Association	Member
2010-2014	American Psychological Association	Student Affiliate
2010-2011	Oklahoma Psychological Association Student Society	Student Member
2009-2013	Counseling Student Association, University of Oklahoma	Student Member
2006-2007	Psi Chi, Psychology Honor Society, Midwestern State University Chapter	Vice President